



Partnering with your pharmacist

There are many great healthcare professionals that can help monitor your health over time. As one of the most accessible healthcare providers, pharmacists are a great place to gain valuable health advice.

We sat down with Rob Roscoe, Pharmacist and Certified Diabetes Educator, for his tips on partnering with your pharmacist.

Understanding the role of the pharmacist in maximizing your health

1

Pharmacists can provide over-the-counter assistance

You can drop in for quick health advice!

2

Pharmacists dispense medications & associated information

Our schooling prepares us for how to use medications and how to show you how to use them properly. We may ask you questions to ensure we can provide the best information, but don't be afraid to ask us for more information!

3

Pharmacists want to partner with your doctors to maximize your health

If we notice any issues, we can work directly with your doctor to ensure they are worked out before you receive your medication. It might mean you wait a bit longer, but your health is worth it!

4

Some pharmacists are specialized and can provide advanced care

With additional education, some pharmacists are now specializing in specific areas such as diabetes, asthma, travel medicine, pain management and more. Finding a specialized pharmacist can help maximize your care.

5

Pharmacists want to work with you to help advocate for your health

Be open and honest with us. Talk with us about your goals and what you're hoping to achieve, and we'll work together and with your doctor to ensure you're on the right medications to achieve them.

**It's your health. We want to help you make the most of it.
We're glad you CARE TO KNOW!**

